

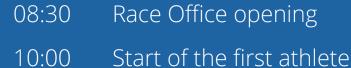
ATHLETE GUIDE

2025



EVENT SCHEDULE

SATURDAY, 12.04.2025



12:50 Start of the real-estate industry series

13:20 SOS Children's Villages – short run for kids

13:40 Elite run- 1st leg

14:15 Elite run – 2nd leg

14:45 Award Ceremony





GENERAL INFORMATION

Address: Rondo ONZ 1, 00-124 Warsaw

Floors to run: 38

Race Office:

8:30 - 13:00 Ground Floor, Rondo 1

Course Record:

3 min 27 sec (P.Lobodzinski)

Race format:

Individual time trial, intervals of 15 sec

Elevation gain:

142 m



SITE MAP

Take a look at the site map below - it shows the ground floor of the Rondo 1. When you enter the building, please follow straight to the Race Office.





RACE OFFICE

In order to collect the starting kit, runners are obliged to:

- provide an identity document in order to verify the data entered in the registration form;
- presenting the QR code (on a mobile device or printed) for scanning. The QR code will be available on the Athlete's account on the SlotMarket.pl portal and will be sent via email no later than April 8.

The starting kit includes:

- timing chip,
- BIB number
- finisher medal
- drinks (water, iso)
- T-shirt*

The starting number will be issued in the race office together with the start package. The number should be attached with safety pins to the front of the T-shirt so that it is visible to the judges.

^{*}applies to competitors who additionally purchased a T-shirt upon registration



START LIST

Start list with start times assigned to participants is available on www.biegnaszczyt.pl (LINK)

We kindly ask you to be present in the starting area (ground floor of Rondo 1) **about 15 minutes before your start time.** Our announcer will be reading out the bib numbers of the runners who should be heading to the start area at the time.

We kindly ask you to warm up inside the Zdrofit gym or in the lobby on the ground floor. Running on the staircase next to Zdrofit and in the parking area is strictly prohibited.

Please follow the instructions of the building security and race staff during the event.

ZDROFIT



DOŁĄCZ DO ZDROFITU I WEJDŹ DO GRY O FORMĘ!

Biegniesz na Szczyt? Nie zatrzymuj się! Zostań stałym klubowiczem Zdrofit i weź udział w naszej akcji Gra o Formę, która rusza już 1 kwietnia 2025 r. Dowiedz się więcej: www.zdrofit.pl



Zacznij zdobywać punkty od pierwszego treningu – im wcześniej dołączysz, tym większe masz szanse na nagrody!



CLOAKROOM & DEPOSIT

Take advantage of the promotional entry to the Zdrofit Rondo ONZ club on the day of the race!

On April 12, 2025, you can use the locker rooms for free, warm up, and stretch after crossing the finish line.

What do you need to do?

- ✓ If you have a Multisport card or an active Zdrofit membership just come and enjoy the entry!
- ✓ If you don't have an active membership activate a one-day entry by entering a special code!

How to do it?

- Go to the website: https://zdrofit.pl/wejscie-eventowe
- Enter your individual code and details (if the form doesn't load, delete cookies)
- ◆ Come to the club on Saturday, 12.04, provide your name and enjoy free entry!

The entry pass is valid all day.

If you have your own locker lock (with a shackle thickness of 5-8 mm), bring it with you to the club. This will speed up the registration process.

The code for Zdrofit club will be found in the email along with the QR code for check-in Race Office.



FINISH LINE

Finish line will be located on the 37th floor of the Rondo 1 building. Water and isotonic drinks will be available. Each finisher will also receive a medal.

Due to limited space, we kindly ask the competitors to head straight to the lifts after completing the run and taking a short rest.

AWARD CEREMONY

Prizes in individual categories can only be collected in person on the day of the competition. Awards that, for justified reasons, are not collected during the award ceremony, will be available for collection at the Organizer's office, **until May 12, 2025.**

Attention! Please note that unclaimed awards will not be sent individually.



RESULTS

Live results will be available on wyniki.b4sport.pl

The final standings will be posted on the event website: **www.biegnaszczyt.pl**.

Each runner will also receive their result via SMS.

Classifications of the 2025 Rondo 1 Run Up:

- OPEN classification (F/M)
- real estate industry classification (F/M)
- Rondo 1 employees (F/M)
- Elite (TWA) classification (F/M)



HAVE A QUESTION?

If after reading the Athlete Guide you have any additional questions, feel free to contact us by writing to zapisy@sportevolution.pl.

On the race day, our staff and volunteers will be happy to answer your questions in the Race Office. Our staff will wear special badges.



THANK YOU!

Thank you for being with us at the 2025 Rondo 1 Run Up!

Have fun and smile towards our photographers:)

Also, please remember that regardless of the result **you are already a winner!** Thanks to you and the other runners taking part in the event, this year we will transfer a record amount of money to the SOS Children's Village in Kraśnik, Poland.

High five!

GOSPODARZ

RONDOI

PARTNER



PATRONI MEDIALNI

















ORGANIZATORZY





