

ATHLETE GUIDE

2024



EVENT SCHEDULE

SATURDAY, 16.03.2024

08:30	Race Office opening
10:00	Start of the first athlete
12:50	Start of the real-estate industry series
13:20	SOS Children's Villages – short run for kids
13:30	Elite run– 1st leg
14:00	Elite run – 2nd leg
14:30	Award Ceremony



GENERAL INFORMATION

Address: Rondo 1 Rondo ONZ 1, 00-124 Warsaw

Floors to run: 38

Race Office:

8:30 - 13:00 Ground Floor, Rondo 1

Course Record:

3 min 27 sec (P.Lobodzinski)

Race format:

Individual time trial, intervals of 15 sec

Elevation gain:

142 m



SITE MAP

Take a look at the site map below - it shows the ground floor of the Rondo 1. When you enter the building, please follow straight to the Race Office.





RACE OFFICE

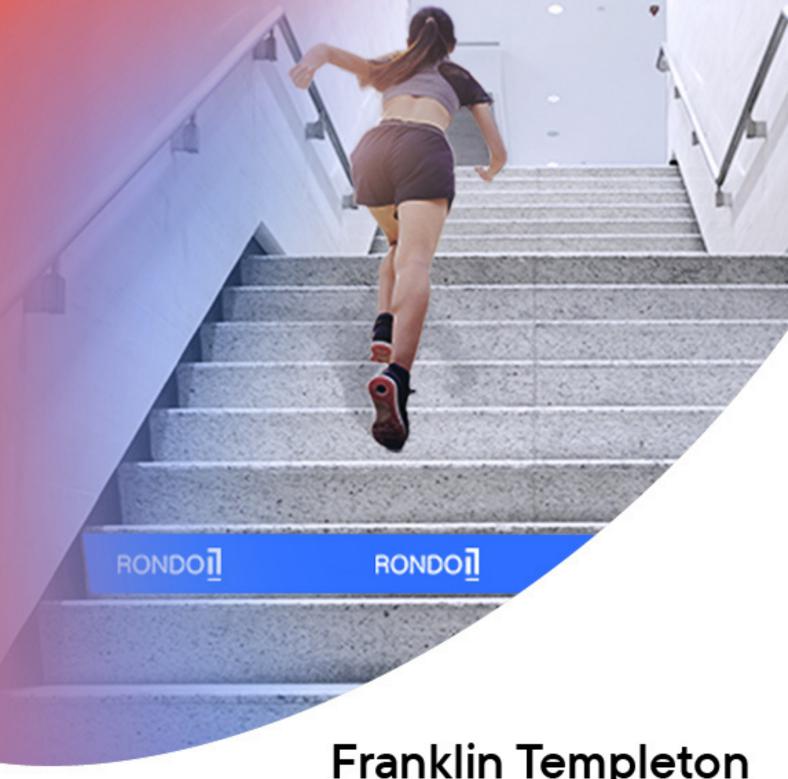
In order to collect the starting kit, runners are obliged to:

- provide an identity document in order to verify the data entered in the registration form;
- present the QR code (on a mobile device or printout), received at the e-mail address provided during registration.

The starting kit includes:

- timing chip,
- BIB number
- finisher medal
- drinks (water, iso)
- T-shirt*

^{*}applies to competitors who additionally purchased a T-shirt upon registration



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#RunForProgress



START LIST

Start list with start times assigned to participants is available on www.biegnaszczyt.pl (LINK)

We kindly ask you to be present in the starting area (ground floor of Rondo 1) **about 15 minutes before your start time.** Our announcer will be reading out the bib numbers of the runners who should be heading to the start area at the time



PROMOCYJNE WEJŚCIE

Zdrofit Rondo ONZ



Take advantage of the Promotional Entry to Zdrofit Rondo ONZ Club on the day of the Race! Already on March 16th, you can enter the Zdrofit Rondo ONZ fitness club for free to warm up, use the locker room before the start, and stretch after crossing the finish line.

What do you need to do?

- Go to the website https://zdrofit.pl/bieg-na-szczyt-ronda
- -Enter your unique code and details in the form (if the form does not load, clear your cookies)
- -Come to the club on March 16th, provide your name and surname, and enjoy free entry. The entry is valid throughout the day, so you can visit the club multiple times.

The code for Zdrofit club will be found in the email along with the QR code for check-in Race Office.

See you there!



There will be changing rooms with lockers available in the Zdrofit fitness club in the Rondo 1 building (1st floor).

BIB NUMBER

The starting number will be issued in the race office together with the start package. The number should be attached with safety pins to the front of the T-shirt so that it is visible to the judges.



FINISH LINE

Finish line will be located on the 37th floor of the Rondo 1 building. Water and isotonic drinks will be available. Each finisher will also receive a medal.

Due to limited space, we kindly ask the competitors to head straight to the lifts after completing the run and taking a short rest.

AWARD CEREMONY

Prizes in individual categories can only be collected in person on the day of the competition. Statuettes that, for justified reasons, are not collected during the award ceremony, will be available for collection at the Organizer's office, **until 18 April 2024.**

Attention! Please note that unclaimed statuettes will not be sent individually.



RESULTS

Live results will be available at www.wyniki.datasport.pl.

The final standings will be posted on the event website: www.biegnaszczyt.pl.

Each runner will also receive their result via SMS.

Classifications of the 2024 Rondo 1 Run Up:

- OPEN classification (F/M)
- real estate industry classification (F/M)
- Elite classification (F/M)



HAVE A QUESTION?

If, after reading the Athlete Guide, you have further questions, feel free to contact us at the addresses below.

General inquiries:

zapisy@sportevolution.pl

Event registration matters:

contact@slotmarket.pl

On the race day, our staff and volunteers will be happy to answer your questions in the Race Office. Our staff will wear special badges.



THANK YOU!

Thank you for being with us at the 2024 Rondo 1 Run Up!

Have fun and smile towards our photographers:)

Also, please remember that regardless of the result **you are already a winner!** Thanks to you and the other runners taking part in the event, this year we will transfer a record amount of money to the SOS Children's Village in Kraśnik, Poland.

High five!

GOSPODARZ

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